

## SHAC MEETING MINUTES

December 4, 2019

**4:00**

Mr. Nevins and Mr. Sutton introduced themselves as chairs of SHAC and the meeting was brought to order by Mr. Nevins.

The minutes from the previous meeting were approved with no amendments

**4:05**

Patricia Rivera explained how Mr. Kirchner will lead SHAC for 2020. Mr. Kirchner encouraged the committee to reach out to him for agenda items.

**4:06**

Coach Smith from the Primary School talked about Walk Across Texas. It was decided Shae Nebgen needs to talk about Walk Across Texas more at the next meeting.

**4:12**

H.S. student ambassadors presented the vaping survey results and spoke about the vaping epidemic. They gave feedback about the presentation that was given to students and parents about the dangers of vaping. The presentation was organized by the Agri-Life Extension Service.

The committee agreed we need to use the data to focus on educating elementary aged students on the dangers of vaping.

A motion was made by Cayle Koennecke and seconded by Regina Weidenfeller to have the Elementary counselors work with the HS student ambassadors to find a good speaker for Elementary aged students. Jean asked the motion be amended to include research be done to see what other schools do to effectively educate their elementary students. The amendment passed as did the amended motion. So, Elementary School counselors will research how other schools have educated the younger students effectively and then they will work with the HS ambassadors to line up effective programs and speakers. Elementary counselors and student ambassadors will give the plan of action at the next Shac meeting.

**4:34**

Mr. Gonzalez explained how the HS is working to ensure every student receives the Living Well curriculum. Right now students in Health receive the Living Well lessons. Mr. Gonzalez is looking at more data to see the best way to structure a schedule that will allow more HS students to receive the Living Well lessons. This plan will be revisited at the next Shac meeting once more data at the HS has been gathered.

**4:42**

John Phelps from HCMH spoke about trying to get NAMI (National Alliance of Mental Illness) in Gillespie County. This organization can bring training to students and staff on a number of

topics that help keep people mentally well. John Phelps focus is Behavioral Health which includes mental health services and substance abuse intervention. Programs John Phelps can help us set up include, but are not limited to, Ending the Silence, and Parents and Teachers as Allies. A motion was made by Dr. Cornett and seconded by Mrs. Quay to move forward to work with John Phelps to get something set up at the HS in February. So, Dr. Styles and Joe Gonzalez will work with the HS student ambassadors and see what program John will bring to the HS in February.

**5:00**

Jeff Wanek motioned to adjourn the meeting and Cayle Koennecke seconded.

Meeting adjourned at 5:00.

### **Agenda for March 25, 2020 meeting at 4:00**

**4:00** Welcome

**4:05** Mrs. Nebgen/Coach Smith give a Walk Across Texas Update

**4:15** Student Ambassadors present updated vaping survey from the majority of HS students and any other updated feedback they can offer to the committee

**4:30** Elementary counselors along with student ambassadors explain their findings for effective early childhood education on vaping and what programs will be implemented in pre-k through 5<sup>th</sup>.

**4:45** Joe Gonzalez or a HS rep will give an update on the plan to implement Living Well

**4:55** A quick update from Dr. Styles and the HS on how the February NAMI programs were Implemented

**5:00** Adjourn