

## SHAC Minutes

Date: 3/27/19

Start Time: 4:02

Meeting #3 for 2018-2019

Attendees: Refer to Sign-in

### Minutes:

- Welcome
- Shea Nebgen presented a Walk-Across Texas update.
- Walk-Across Texas will have team results at the May meeting.
- Patricia Smith presented the FISD wellness plan and survey. She also presented the American Heart Association resources. The SHAC committee voted to approve the FISD wellness program and it passed unanimously. The program's goals and objectives are on the FISD website.
- Several healthy activities and nutrition programs within FISD were presented to the committee by PE teachers.
- Vaping was mentioned and the need for the juvenile probation officer, Ron Sutton, to do parenting classes for parents of students caught with a vape.
- Judy Mayo could not be present so minimal information was given on Health Services.
- Mr. Kirchner presented vaping actions occurring in FISD. In the update, he mentioned that law enforcement is giving citations for vaping. Also, the students face on-campus discipline for vaping. At MS, Officer Shane gives presentations about the dangers of vaping.
- A lot of literature has been produced and is getting out within the district.
- The SHAC committee agreed the focus must be on the younger grades so they grow up educated about the risks of vaping. It was discussed that more statistical data over time will make it easier to educate and be more meaningful to students.
- Dr. Styles shared that she has been in contact with the Scott and White Curriculum founders. The program is now called Living Well. Training of teachers was discussed and Dr. Styles said she plans to have more conversations about the curriculum.
- It was discussed what grade levels should receive the curriculum. This will take further discussion once the HS gets the program built-in to their schedule.
- Logan Minschew shared that the past HS administration did not follow the plan to implement. He said the counselors and him have met and will take it to Mr. Gonzales for direction on how to implement.
- Please follow this link to access the FISD Wellness Plan and Wellness Policy Assessment <https://fredericksburg.esc11.net/Page/2397>

Adjourned Meeting at 5:02  
Submitted by Dalen Kirchner