



Fredericksburg Independent School District School Nutrition Services

234 Friendship Lane ★ Fredericksburg, Texas 78624 ★ (830) 997-9551 ★ Fax (830) 997-6164

FISD Local Policy Regarding Food Items Given or Sold at All Schools

SCHOOL DAY DEFINITION: The period from midnight until 30 minutes after the end of the official school day.

SAFETY AND SANITATION OF FOOD ITEMS: It is recommended that food items given or sold to students be prepackaged.

I. FOODS ITEMS GIVEN AWAY DURING THE SCHOOL DAY:

PARENTS: Parents may choose the types of foods they send to school for their own child's consumption.

CAMPUS CELEBRATIONS: Foods may be given to students at three (3) approved school campus parties/events. The events need to be documented before the school year begins. The campus will retain records for these approved events for local compliance.

STUDENT BIRTHDAY OR OTHER CELEBRATIONS: Foods may be given to students at these types of celebrations at the discretion of the school principal. These events may not be held in the cafeteria during serving times unless the food is purchased from the cafeteria. It is highly recommended that such parties be scheduled after the end of the class's lunch period so that these celebrations will not replace a nutritious lunch.

FOOD ITEMS FOR INSTRUCTIONAL PURPOSES:

Foods may be used for instructional purposes. Foods used in lab activities should not be eaten following science experiments.

II. FOOD ITEMS SOLD DURING THE SCHOOL DAY:

Elementary School Campuses are NOT allowed to sell any types of food items to students during the school day. Food items sold by the cafeteria are the only food sales allowable at Elementary campuses.

Middle and High School Campuses may sell food items under the following conditions:

- No Chewing Gum will be sold.
- No Soft Drinks will be sold.
- Must be in compliance with Local, State and Federal "Smart Snacks" criteria found on the USDA or TX Department of Agriculture websites, fns.usda.gov or squaremeals.org.
- MUST be a food item allowable for sale according to the "Smart Snack Product Calculator". Refer to the Child Nutrition website, healthiergeneration.org.
- Verify, print and save calculator results for your records to ensure compliance.
- MIDDLE SCHOOLS may NOT sell 30 minutes before or after meal periods anywhere on campus.
- HIGH SCHOOLS may NOT sell during meal periods in areas where reimbursable meals are served and/or consumed.