

Therapist List

Therapist	Specialties	Populations Served	Payments Accepted	Other	Telephone	Address
Dr. Rhonda Bigham-Throckmorton, LCP, LMSW	Psychological Evaluations & Therapy	Children, Adolescents, and Adults	Most Insurances, Medicaid, Medicare, Tricare, Sliding Scale		830-257-5877	222 Sidney Baker, Ste. 350-M, KERRVILLE
Dr. Lisa Watts, LCP, LMSW	Psychological Evaluations & Therapy	Children, Adolescents, and Adults	Most Insurances, Medicaid, Medicare, Tricare, Sliding Scale		830-257-5878	223 Sidney Baker, Ste. 350-M, KERRVILLE
Patricia Bowles, LCSW, LSOTP	Marriage and Family Counselor, Substance Abuse, Depression, Anxiety		Superior Healthplan Star, Medicare, Medicaid, Tricare		830-257-7775	815 Jefferson, Ste. 130, KERRVILLE
Heidi Conlin, LPC, LMFT	Depression, Relationship Issues, Anxiety	Children, Adolescents, Adults and Couples	Medicaid and Private Pay		830-370-9329	136 Old San Antonio Rd, Ste. 205, BOERNE
Brent Evans, LCSW	Child Therapy & Parenting Strategies for Children with Psychiatric, Behavioral and Developmental Problems; Social Skills Training	Children, Adolescents, and Parents	Does Not Accept Insurance	brentevanscounseling.com/	210-601-4599	Oak Park Center, 1001 South Main St, Ste. 4 BOERNE
Rhonda Fousek, LPC	Christian Counseling & Neurofeedback	Adolescents and Adults, Veterans	Most Insurances, Medicaid, Tricare, Sliding Scale	apeaceofmind.org/	830-796-5533	222 Sidney Baker # 350, KERRVILLE
Dr. April Garofano-Brown, PhD, LPC, RPT, CCPT, LSSP	Anxiety, ADD, Co-Morbidity, CBT, Emotionial Disturbance, Registered Play Therapist	Bilingual	Most Insurances, CHIPS, Medicaid		210-361-4258	819 Water Street, Ste. 106, KERRVILLE
Donna Gillespie, LPC, RPT	Registered Play Therapist	Children	Most Insurances, CHIPS, Medicaid		830-792-4477	123 Commerce, Ste. C, KERRVILLE
Joan Harris, LPC	Biblical Counseling Resources				830-456-3189	150 E. Main, FREDERICKSBURG
Paula Mokry, LPC, LMFT	Play Therapy, Anxiety, Child Behavioral Problems, Grief/Loss, Depression, Physical and Sexual Abuse, Parenting	Adults and Children	Most Insurances, Sliding Scale		210-387-0815	18 Scenic Loop Dr, Ste. 200-D, BOERNE
Dr. Rick McMinn, PsyD, CEAP	Individual and Group Therapy, Bereavement, Grief & Loss	Adolescents and Adults			830.370.9237	607 N. Milam, FREDERICKSBURG
Dr. Dan O'Loughlin, PhD, LCP	Psychological Evaluations, Counseling	Children and Teens	Medicaid, CHIPS, Aetna, BCBS, Humana, MultiPlan		830-997-0597	311 W. San Antonio St., FREDERICKSBURG

Dr. Ron Rickerhauer, PhD, LPC, LCDC, LSSP, Provisionally LCP	Depression, Anxiety, Anger Management, Stress Management, Parenting Support, Addiction, Learning Disability Testing, Career Counseling	Adolescents and Young Adults	Sliding Scale	www.counselingfbg.com	830-456-2449	400 Prairie View Trail, FREDERICKSBURG
Edward Saddy, LPC	Community Counselor	Children, Adolescents and Adults *BILINGUAL (Spanish)	FREE through Methodist Healthcare Ministries at the Good Samaritan Center	Tuesdays Only	830-200-9411	The Good Samaritan Center, 140 Industrial Loop, FREDERICKSBURG
Jim Speer, LPC, LMSW	Anger Management, Certified Marriage Counselor	Adults, Couples, and Families	Does Not Accept Insurance		830-997-8074	260 Chinaberry Lane, FREDERICKSBURG
Chris Stewart, LPC	ADHD, ADD, Anger, Anxiety, Depression, Eating Disordrs, Suicide, ODD, Adjustment Disorder, Play Therapy	Child, Adolescent & Family	Out of network provider for all insurance	www.stewartcounselingtx.com	832-797-4033	150 E. Main, Ste. 204, FREDERICKSBURG
Carol Triola, LPC, LSOTP	Children & Teens with Traumatic Backgrounds		Medicaid, CHIPS, Sliding Scale	caroltriola.com	830-739-0841	1700 Sidney Baker, Ste. 300, KERRVILLE
Tony Vitela, LCSW	Addictions, Anxiety, Stress Management, ADD, Depression, Relationships, Conduct Disorders, PTSD, Parenting	Children, Adolescents and Adults *BILINGUAL (Spanish)	Accepts most major insurances, Medicaid, CHIPS, Tricare	www.tvpsychotherapist.com	210-724-1854	1420 River Rd, Ste. 200, BOERNE OR 27008 RR 12, Unit A, DRIPPING SPRINGS
Lucinda Zesch, LPC	anger management, certified marriage counselor	Adults, Couples, Offenders, and Families	Does not accept insurance		830-997-8074	260 Chinaberry Lane, FREDERICKSBURG

Counseling Centers & Groups

Therapist	Specialties	Populations Served	Payments Accepted	Other	Telephone	Address
Cari Foote & Associates : Carri Foote, LPC, LMFT; Bill Stone, LPC; Amanda Jones, LPC Intern; Dr. Stephen Belk, PsyD, LCP	Depression, Anxiety, Bipolar Disorder, OCD, PTSD, ADD, General Behavioral Issues, Grief/Loss, Play Therapy	All Ages - Individuals, Couples, Groups	Private Insurance, Medicaid, CHIPS, Tricare, etc.	evenings and weekend hours available professionalcounseling.us/	830-693-0530	606 Ave. J, MARBLE FALLS
Gillespie County Mental Health Center: Angela Jones, BA, QMHP	General Mental Health and Counseling Services	All Ages	All Insurances, Medicaid, Sliding Scale		830-997-8023 888-290-4777	183 Industrial Loop, FREDERICKSBURG
HCM Grief Counselors: Randa Kirchner, LCSW; Pam Traver, LBSW	Grief Counseling	All Ages	All Services are FREE		830-997-1335	808 Reuben St., FREDERICKSBURG
Hill Country Cares: Angela Keller, LPC	Victims of Domestic Violence and Sexual Assault	Children and Adults			830-990-0248	FREDERICKSBURG

In God's Hands Christian Counseling Center: Patricia Fernandez, LPC, CART	Abuse (Physical, Sexual & Mental), ADHD, Anxiety, Depression, Bipolar, Mood Disorders, Schizophrenia, Grief Recovery, Divorce, Conflict/Stress Mgt, Other Childhood Emotional Disorders, Marriage Counseling, Substance Abuse, Gender Issues/Sexual Identity, Gay/Lesbian Issues	Children, Adolescents and Adults *BILINGUAL (Spanish) Counselor on Staff	Medicaid, CHIP, Tricare, BCBS, Humana, Aetna, and more	ingodshandscounseling.com	830-890-5823 210-364-4511	950 Jefferson St., KERRVILLE
K'Star: Stacey Baust, PsyD	Family Specialist, also provides counseling for Hill Country Cares-Domestic Violence Victims	Children, Adolescents, Parents	FREE	www.kstar.org	830-739-4416	808A N Llano, FREDERICKSBURG
Needs Council: Rhonda Gross, LSSP, LCP; Randa Kirchner, MSSW, LCSW; Ray Gutierrez, LCDC	low income/needs based services	Children, Adolescents and Adults *BILINGUAL (Spanish) Counselor on Staff	No Fees, Income Requirements	needsCouncil.org	830-997-9756	1904 N Llano, FREDERICKSBURG
New Beginnings Youth and Family Services: Barbara Jim McFadden, LPC; Terri Hips, LPC	Individual, Family & Group Therapy	Youth and Family	Most Insurances, Medicaid	www.newbeginningsyfs.com	830-460-6022	550 Earl Garrett, Suite 103, KERRVILLE
New Hope Counseling Center: Wanda Sutton, LCSW; Marissa Dodson, LPC-Intern; Linda Wilbourn, LPC; Yolanda Melendez, bilingual counselor; Jenny Tempel, LPC; Anne Carlson, LCSW	Abuse, ADHD, Anxiety, Depression, Bipolar, Mood Disorders, Schizophrenia, Grief Recovery, Divorce, Conflict/Stress Mgmt., Teen Issues, Marriage Counseling, Substance Abuse	Individual, Couples, Families, Adolescents, & Children *BILINGUAL (Spanish) Counselor on staff	Most Insurances, Medicare/Medicaid, Sliding Scale	www.newhopecounselingtx.org	830-257-3009	1127 E. Main St, Suite 100, KERRVILLE
Psychiatrists						
Dr. Michelle Cantu, Board Certified Psychiatrist			Some Insurances, Out-of-Network, Private Pay	In Fbg. every other Wednesday, main office in SA	830-997-2191	Perry Feller Building, 205 W. Windcrest, FREDERICKSBURG
Dr. Susan Wynne, Board Certified Psychiatrist			Cigna, Private Pay	In Fbg. every other Wednesday, main office in SA susanwynnemd.com	210-615-8900	Perry Feller Building, 205 W. Windcrest, FREDERICKSBURG
Dr. Mary Scharold, Board Certified Psychiatrist			No Insurance		830-992-0315	Chase Bank Building, 150 E. Main, Ste. 205, FREDERICKSBURG

Mental Health Crisis Number:		Kendall County MH Center		KEY:	
1-877-466-0660		221 Fawn Valley Dr. #500		CCPT: Certified Clinical Pastoral Therapist	
Operated 24 hours a day, 7 days week		Boerne, TX 78006		CEAP: Certified Employee Assistance Professional	
		Toll free: 1-800-325-8931		LBSW: Licensed Baccalaureate Social Worker	
Hill Country MHDD Centers		Phone: (830) 249-9328		LCDC: Licensed Chemical Dependency Counselor	
Administrative Headquarters		Fax: (830) 249-9238		LCSW: Licensed Clinical Social Worker	
Phone: (830)792-3300				LMFT: Licensed Marriage & Family Therapist	
		Kerr County MH Center		LMSW: Licensed Master Social Worker	
Gillespie County MH Center		500 Thompson Drive		LCP: Licensed Clinical Psychologist	
183 Industrial Loop		Kerrville, TX 78028		LPC: Licensed Professional Counselor	
Fredericksburg, TX 78624		Toll free: 1-888-445-5232		LSOTP: Licensed Sex Offender Treatment Provider	
Toll free: 1-888-290-4777		Phone: (830) 257-6553		LSSP: Licensed Specialist in School Psychology	
Phone: (830) 997-8023		Fax: (830) 896-4448		MSSW: Master of Science in Social Work	
Fax: (830) 997-4320				PsyD: Doctor of Psychology	
				QMHP: Qualified Mental Health Professional	
MHDD Trauma Counselors				RPT: Registered Play Therapist	
Kim Olden (830) 792-3300					
Rikki Ferrell (830) 997-8023					