

# Stonewall Elementary School

Fredericksburg ISD will offer free, healthy meals this school year for all students in the district, regardless of financial status. Typically, a student's household must meet income eligibility requirements to qualify for free or reduced-price meals. However, the United States Department of Agriculture (USDA) issued guidance that allows schools to offer meals to all students at no cost for the 2021-2022 school year.

While no application or eligibility determination is required for your student to receive free meals this school year, income eligibility requirements will likely resume in the 2022-2023 school year. As such, to establish eligibility for free or reduced-price meals for the 2022-2023 school year or to qualify for P-EBT, applications are available online at MySchoolApps. For more information call the School Nutrition Office at 830-997-9551.

**Students must get a complete meal in order to qualify for free meals (not just milk).**

**Extra milk and other ala carte items may be purchased.**

## Breakfast and Lunch Menu - Aug. 16, 2021 - Dec. 17, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1 - Week Of: 8/16, 9/6, 9/27, 10/18, 11/8, 12/6</b>				
Pancake Sausage on a Stick	Mini Waffles	Strawberry Cream Cheese Bagels	Yogurt Parfait	Scrambled Eggs w/Bacon & Cheese
Manager's Choice	Chicken Nuggets Mashed Potatoes & Gravy Seasoned Green Beans	Pepperoni / Cheese Pizza Crispy Corn Tossed Caesar Salad	Spaghetti & Meatballs Garlic Breadstick Garden Salad	Hamburger or Cheeseburger Tator Tots Mini Carrots
<b>WEEK 2 - Week Of: 8/23, 9/13, 10/4, 10/25, 11/15, 12/13</b>				
Manager's Choice	Mini French Toast	Bean & Cheese Taco	Yogurt Parfait	Scrambled Eggs w/Bacon & Cheese
Steak Fingers Macaroni & Cheese Mixed Vegetables	Corn Dog Baked Beans Veggie Dippers	Wild Mike's Cheese Bites Crispy Corn Tossed Caesar Salad	Nacho Grande or Cheese Nachos Spanish Rice & Pinto Beans Garden Salad	Crispy Chicken Burger Crinkle Cut Fries Mini Carrots
<b>WEEK 3 - Week Of: 8/30, 9/20, 10/11, 11/01, 11/29,</b>				
Sausage Biscuit	Mini Pancakes	Kolache	Yogurt Parfait	Scrambled Eggs w/Bacon & Cheese
Popcorn Chicken Glazed Carrots Mashed Potatoes/Gravy	Pepperoni / Cheese Pizza or Mixed Vegetables Pudding	Chicken Alfredo Steamed Broccoli Tossed Caesar Salad	Crispy Beef Taco & Tamale Spanish Rice & Refried Beans Garden Salad	Hamburger or Cheeseburger Tator Tots Mini Carrots

**MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY**

### BREAKFAST

CEREAL IS OFFERED DAILY OR STUDENTS MAY CHOOSE THE DAILY SELECTION.

TOAST OR MUFFINS, MILK, JUICE AND AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED EACH DAY.

STUDENTS MUST TAKE AT LEAST 1 SERVING (1/2 CUP) OF FRUIT OR FRUIT JUICE AND 2 OTHER ITEMS. STUDENTS MAY TAKE 2 FRUITS OR 1 FRUIT AND 1 FRUIT JUICE AT NO EXTRA CHARGE.



### LUNCH

DAILY CHOICES INCLUDE ALL 5 COMPONENTS: FRUITS, VEGETABLES, PROTEIN, GRAINS (MOST GRAINS ARE WHOLE GRAIN) AND MILK (FAT FREE OR 1%).

AN ASSORTMENT OF FRESH AND PREPARED FRUITS AND VEGETABLES OFFERED DAILY.

STUDENTS MUST TAKE AT LEAST 1/2 CUP OF A FRUIT OR VEGETABLE AND 2 OTHER COMPONENTS. STUDENTS MAY TAKE 2 OR 3 VEGETABLES AT NO EXTRA CHARGE.

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