

Fredericksburg ISD Primary School

AUGUST - DECEMBER

K-1 MENU



BREAKFAST

BREAKFAST MEAL PRICES:

| | |
|------------------------|---------|
| Student Full Price: | \$ 1.65 |
| Student Reduced Price: | \$ 0.30 |
| Staff: | \$ 3.00 |
| Visitor: | \$ 3.75 |

LUNCH MEAL PRICES:

| | |
|------------------------|---------|
| Student Full Price: | \$ 2.75 |
| Student Reduced Price: | \$ 0.40 |
| Staff: | \$ 4.25 |
| Visitor: | \$ 4.50 |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-------------------------|-----------------------------|-------------------------------|-------------------------------|
| WEEK 1 - Week Of: 8/12, 8/26, 9/9, 9/23, 10/7, 10/21, 11/4, 11/18, 12/9 | | | | |
| Cheese Omelet | Pancake & Sausage Bites | Sausage Biscuit | Bacon & Cheese Scrambled Eggs | Mini Waffles |
| WEEK 2 - Week Of: 8/19, 9/2, 9/16, 9/30, 10/14, 10/28, 11/11, 12/2, 12/16 | | | | |
| Sausage Kolache | Glazed Donut | French Toast & Sausage Link | Yogurt Cup / Muffin | Bacon & Cheese Scrambled Eggs |

LUNCH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| WEEK 1 - Week Of: 8/12, 9/2, 9/23, 10/14, 11/4, 12/2 | | | | |
| Crunchy Chicken Nuggets Mashed Potatoes Seasoned Green Beans Fresh Vegetable Medley w/Ranch | Corn Dog Buttered Noodles Sweet Peas Crunchy Carrots w/Ranch | Pepperoni or Cheese Pizza Crispy Corn Tossed Caesar Salad | Nacho Grande oe Cheese Nachos Homemade Pinto Beans & Spanish Rice | Hamburger/Cheeseburger Potato Smiles Crispy Carrots w/Ranch Lettuce/Tomato/Pickle |
| WEEK 2 - Week Of: 8/19, 9/9, 9/30, 10/21, 11/11, 12/9 | | | | |
| Fish Nuggets Homemade Mac & Cheese Sweet Peas Fresh Garden Salad | Pepperoni or Cheese Pizza Crispy Corn Tossed Caesar Salad | Popcorn Chicken Mashed Potatoes & Gravy Broccoli w/Cheese Sauce Crispy Carrots w/Ranch | Crispy Beef Tacos Homemade Pinto Beans & Spanish Rice Cucumber Salad | Regular or Hot & Spicy Chicken Burger Tator Tots Lettuce/Tomato/Pickle |
| WEEK 3 - Week Of: 8/26, 9/16, 10/7, 10/28, 11/18, 12/16 | | | | |
| Oven Fried Chicken Drumstick Buttered Noodles Seasoned Green Beans Celery Sticks/Cherry Tomatoes | Steak Fingers Mashed Potatoes & Gravy Glazed Carrots Fresh Garden Salad | Chicken Spaghetti Garlic Breadstick Steamed Broccoli Tossed Caesar Salad | Crispito w/Cheese Sauce Refried Beans Spanish Rice Sliced Cucumbers w/Tajin Seasoning | Hamburger/Cheeseburger Confetti Fries Crunchy Carrots w/Ranch Lettuce/Tomato/Pickle |

* Grandparents Day - Friday, Sept. 13 - Hamburger/Cheeseburger or Chicken Burger, Hamburger Trimmings, Baked Beans, Chips, Fruit, Dessert - \$5 each

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY

BREAKFAST

7:30 AM - 7:50 AM

CEREAL IS OFFERED DAILY OR STUDENTS MAY CHOOSE THE DAILY SELECTION. TOAST OR MUFFINS, MILK, JUICE AND AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED EACH DAY. STUDENTS MUST TAKE AT LEAST 1 SERVING (1/2 CUP) OF FRUIT OR FRUIT JUICE AND 2 OTHER ITEMS. STUDENTS MAY TAKE 2 FRUITS OR 1 FRUIT AND 1 FRUIT JUICE AT NO EXTRA CHARGE.

BREAKFAST

7:50 AM - 8:15 AM

STUDENTS WILL RECEIVE A GRAB AND GO BREAKFAST TO TAKE TO THEIR CLASSROOM WHICH WILL CONSIST OF (CEREAL, MILK, FRUIT AND/OR FRUIT JUICE, ALSO MAY INCLUDE A MUFFIN OR CHEESE STICK).

Student Holiday's

August 23
September 2 and September 23
October 14
November 11 and November 25 - 29
December 23 - 31

LUNCH

DAILY CHOICES INCLUDE ALL 5 COMPONENTS: FRUITS, VEGETABLES, PROTEIN, GRAINS (MOST GRAINS ARE WHOLE GRAIN) AND MILK (FAT FREE OR 1%).

AN ASSORTMENT OF FRESH AND PREPARED FRUITS AND VEGETABLES OFFERED DAILY.

STUDENTS MUST TAKE AT LEAST 1/2 CUP OF A FRUIT OR VEGETABLE AND 2 OTHER COMPONENTS. STUDENTS MAY TAKE 2 OR 3 VEGETABLES AT NO EXTRA CHARGE.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.