

# Fredericksburg ISD Primary School

## AUGUST - DECEMBER - PK-HEADSTART MENU

### BREAKFAST MEAL PRICES:

HeadStart and PK Students: Free  
 Staff: \$ 3.00  
 Visitor: \$ 3.75



### BREAKFAST

### LUNCH MEAL PRICES:

Head Start and PK Students: Free  
 Staff: \$ 4.25  
 Visitor: \$ 4.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1 - Week Of: 8/12, 8/26, 9/9, 9/23, 10/7, 10/21, 11/4, 11/18, 12/9</b>				
Cheese Omelet	Pancake & Sausage Bites	Sausage Biscuit	Bacon & Cheese Scrambled Eggs	Mini Waffles
<b>WEEK 2 - Week Of: 8/19, 9/2, 9/16, 9/30, 10/14, 10/28, 11/11, 12/2, 12/16</b>				
Sausage Kolache	Glazed Donut	French Toast & Sausage Link	Yogurt Cup / Muffin	Bacon & Cheese Scrambled Eggs

### LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1 - Week Of: 8/12, 9/2, 9/23, 10/14, 11/4, 12/2</b>				
Crunchy Chicken Nuggets Mashed Potatoes Seasoned Green Beans	Corn Dog Buttered Noodles Sweet Peas	Pepperoni or Cheese Pizza Crispy Corn	Nacho Grande Pinto Beans Fresh Garden Salad	Hamburger Potato Smiles Crispy Carrots w/Ranch
<b>WEEK 2 - Week Of: 8/19, 9/9, 9/30, 10/21, 11/11, 12/9</b>				
Fish Nuggets Homemade Mac & Cheese Sweet Peas	Pepperoni or Cheese Pizza Crispy Corn	Popcorn Chicken Mashed Potatoes & Gravy Broccoli w/ Cheese Sauce	Crispy Beef Tacos Homemade Pinto Beans & Cucumber Salad	Regular or Hot & Spicy Chicken Burger Tator Tots
<b>WEEK 3 - Week Of: 8/26, 9/16, 10/7, 10/28, 11/18, 12/16</b>				
Chicken Strips Buttered Noodles Celery Sticks/Cherry tomatoes	Steak Fingers Mashed Potatoes & Gravy Fresh Garden Salad	Chicken Spaghetti Garlic Breastick Steamed Broccoli	Crispito w/ Cheese Sauce Refried Beans Sliced Cucumbers	Cheeseburger Confetti Fries Crunchy Carrots w/Ranch

\* Grandparents Day - Friday, Sept. 13 - Hamburger/Cheeseburger or Chicken Burger, Hamburger Trimmings, Baked Beans, Chips, Fruit, Dessert - \$5 each

**Breakfast - 7:30 AM - 7:50 AM** - Cereal is offered daily or students may choose the daily selection. Toast or Muffins, Milk, Juice and an assortment of Fresh and Prepared Fruits offered each day. Students must take at least 1 serving (1/2 cup) of fruit or fruit juice and 2 other items. Students may take 2 fruits or 1 fruit and 1 fruit juice at no extra charge.

**Breakfast - 7:50 AM - 8:15 AM** - Students will receive a grab and go breakfast to take to their classroom (Cereal, Milk, Fruit and/or Fruit Juice, also may include a muffin or cheese stick).

**Lunch** - Daily Meals Also Include Fresh or Prepared Fruit and Fat Free or 1% White Milk.

### MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY



#### Student Holiday's

August 23  
 September 2 and September 23  
 October 14  
 November 11 and November 25 - 29  
 December 23 - 31



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